Plant List 1
Palms & Cycads for Texas and the Southern USA

Reading Assignments
In Landscape Plants For Texas And Environs, Third Ed.
- Family descriptions
  - Intro on families & monocots vs. dicots (p. 63-64)
  - Arecaceae (p. 69), Cycadaceae (p. 78), & Zamiaceae (p. 107)
- Intro materials on Palms (p. 489)
- Descriptions for individual species
  See page listings on Plant List 1 Handout
  (also available under lists on course website)

Arecaaceae (Palmae) Palm Family
- Large monocotyledonous family
  - Over 200 genera with 2,500 to 3,000 species
- Most either lack a trunk or are single trunk
  - Infrequently multi-stemmed, usually from basal suckers
  - Diffuse vascular bundles, lacks continuous secondary cambium
- Only native genus to Texas is Sabal
  - Southern U.S. species also include Rhapidophyllum & Serenoa
- Other exotics include Butia, Brahea, Chamaerops, Cocos, Livistona, Phoenix, Rhapis, Syagrus, Trachycarpus & Washingtonia (also found in Cal.)

Monocotyledonous Versus Dicotyledonous
Vascular cambium in ring (dicots, left) rather than diffuse (monocots, right)
**Palms As Monocots**

- Some practical implications
  - Damage to trunks may be more permanent
  - Not as easily girdled by mechanical damage
  - Critical not to injure growing point (meristem)
  - Smaller rootball needed during transplant
  - Fronds often a maintenance issue

**Easy To Transplant Large Palms**

**Why An Hour-Glass Shape?**

- Transplant stress
- Excess frond removal
- Cold damaged fronds
- Long term drought

**Areaceae (Palmae)** **Palm Family**

- Fronds are fan-like, costapalmate, or feather-like
  - Overall size and margins are key in identification
- Inflorescences sheathed in woody spathe-like covering
- Fruits mostly drupes with fleshy coatings
  - Important exceptions like coconut
Fan & Costapalmate Palms

Sabal spp. Palmettos
- Genus of evergreen shrub- or tree-form fan palms (costapalmately segmented leaves)
- Most are coarse textured, more tolerant of cold (USDA zones 8a/7b – 13), & poor drainage than many palm species; native to S.E. USA / Mexico / Caribbean Basin
- Slow growth rates & coarse textures limit some design uses
- Can be effective screening shrubs or accent trees, best palms for Central / North Texas

Sabal mexicana
Texas Palmetto
- Tree 30'-40' (60'), coarser textured than S. palmetto
- Cold hardy, USDA zones 8 (7b) - 13, slow grower
- Texas native, perhaps best tall palm for much of Texas

Sabal palmetto
Palmetto Palm
- Single trunk tree, 25’ - 35’ (50’), native to SE USA coastal plains but not native to Texas
- Cold hardy z. 8 (7b) – 13; slow grower
- State tree of Florida and South Carolina
**Sabal minor**
Dwarf Palmetto Palm

- Shrub species, 3' - 6' tall; very cold hardy z. 7b (7a) - 13 and tolerant of swampy soils; TX, AR, LA native
- Good bold accent, understory weed in some areas

**Trachycarpus fortunei**
Windmill Palm

- One of most cold hardy palms, z. 8-10, but foliage can yellow in cold; best with afternoon shade in extended heat
- Fronds damaged by high winds; needs chilling; avoid high pH soils; bud rots
- Nice accent, but best in groupings

**Chamaerops humilis**
Mediterranean Fan Palm

- Small / medium fan palm, 8'-12' (20')
- Straight central trunk surrounded by arching basal suckers; green or bluish
- Small divergent spines on leaf stalks are maintenance liability, barrier plant use
- Cold hardy z. 8b (8a) – 13; slow grower
- Heat, drought, salt, and some wind
**Washingtonia robusta**
Mexican Fan Palm
- Tall, 50'-60' (100'), rapid growing fan palm
- Large leaves with huge recurved prickles on frond stalks, major maintenance liability
- Minimally cold hardy, z.9 (8b) - 13, thin trunk, good heat, salt, wind and drought tolerance

**Washingtonia filifera**
California Fan Palm
- Similar to *W. robusta*, but bit shorter (40'-50'), slower grower, thicker trunked, and more cold hardy, zones 8b(8a) – 13
- Petticoat palms
- Better in low humidity

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**Serious pruning hazard!**


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**Pruning Palms Can Be A Maintenance Issue**

- How often must we prune?
- How do we access the site?
- How large is the palm?
- Size of fronds and / or fruiting structures?
- Presence of spines/prickles?
- What is client’s tolerance for liability?
- Expense / mess
**Brahea spp.**

Blue Fan Palms

- Mostly medium size stout Central American palms, very slow growers to 30’ to 40’ tall
- Handsome stiff blue-green foliage
- Hardy in USDA zones 9 (8b) – 13
- Tolerates heat, drought, wind, alkalinity, and some salts, but needs well drained soils
- *Phytophthora* root & bud roots may develop in mesic climates
- Good trees for xeric landscapes

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**Livistona chinensis**

Chinese Fan Palm

- Slow growing Asian palms that mature as large shrubs to small trees 20’ to 25’ tall with slender trunks; best in groups
- Dark green 4’ to 5’ long fronds have drooping distal segments
- Distinctive languid tropical look
- Full sun or in high light interiorscapes
- Hardy in USDA hardiness zones 9(8b)-13
- Heat, drought, somewhat salt tolerant, soil pH adaptable, needs good drainage
- Susceptible to lethal yellows and *Ganoderma*; use protected site in z. 8b

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**Butia capitata**

Jelly Palm

- Thickish trunked squat feather palm, 12’ - 15’ tall
- Stiff blue-green leaves, 2’ - 6’ long
- Wider canopy to height than many palms, slow grower, needs some winter chilling
- Edible date-like fruit on females
- Salt, drought, and wind tolerant
- One of most cold hardy feather palms, z. 9 (8b) – 10a, not vigorous in true tropical climates
- *Phytophthora* infection issues
**Cocos nucifera**

Coconut Palm

- Perhaps the most important commercial feather palm
  - Ornamental signature plant of the tropics
  - Commercial source of numerous coconut products
- True tropical, nearly frost intolerant, USDA z. 10-13 only
- Lethal yellows has been devastating in some regions

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**Phoenix canariensis**

Canary Island Date Palm

- Thick massive trunked feather palm, 20’ - 30’ (60’) tall, dark green fronds
- Huge leaves arch upward then droop with age, lower segments very SPINY

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**Phoenix canariensis**

Canary Island Date Palm

- Once useful seaside / street tree in Gulf Coast areas, z.9 (8b), 2\textsuperscript{nd} or 3\textsuperscript{rd} most cold hardy feather palm
- Prone to several problems: lethal yellows, palm heart rot, bud rot, root knot nematodes, palm borers, palmetto weevil, Mg deficiencies in high pH soils

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*Can You Spot The Design Flaw?*
**Phoenix dactylifera**  
**Date Palm**
- Source of commercial date production, but poor fruit set occurs in humid climates
- Susceptible to similar problems as *P. canariensis*, but resistant to cotton root rot
- Foliage tends to stay more upright than *P. canariensis*, but lower segments are also spiny

**Phoenix roebelenii**  
**Pygmy Date Palm**
- Miniature version of *P. dactylifera*
- Grown as single or multi-trunk forms (need to plant multiple plants)
- Cold tolerant only in 9b (9a) -13, but fair heat and drought tolerances
- Sun to part shade, well drained fertile soils
- Popular for large containers, patio pots, oasis, alcove, or accent plants

**Syagrus romanzoffiana**  
**Queen Palm**
- Strong tropical accent
- One of the more cold tolerant feather palms behind species of *Butia* and *Phoenix*, cold hardy in z. 9b(9a) -13
  - Frequently planted, but marginal in 9a & 8b
- Offers the luxuriant tropical look of king/royal palms
- Valued as a street or avenue tree
- Moderately susceptible to lethal yellows & bud rots
Cycadaceae  
**Cycad Family**

- Ancient tropical/subtropical gymnosperm family
- No close extant (living) related families
- 9 genera containing about 85 species
- Dioecious floral structures
- In whorls or cone-like
- Males strongly cone-like & erect
- Females spreading, nest-like cones
- Pinnate or bipinnate lobing/leaves
- Frond-like foliage surrounds terminal bud
- Genera *Cycas*, *Zamia* (Zamiaceae), and *Dioon* in tropical/subtropical U.S.

**Cycas revoluta**  
Sago Palm

- Short stout-trunked cycad, 8’ - 10’ tall
- Resembles a feather palm, stiff plastic-like dark green leaves radiating in spiral

**What Is Wrong With This Cycad?**

- Very slow growing, full sun to shade
- Best in moist acidic soils, but drought, heat & wind tolerant once established
- Often planted in z. 8, but reliably cold hardy only in z. 9b (9a) - 13
Zamia pumila  
Cootnie

- Small shrubby relative of Cycads (in Zamiaceae) native from Coastal Georgia through Florida hardy in USDA z. 8b - 13
- Pinnately compound evergreen fronds 1' to 2' (4') tall form mound 2' to 4' (5') wide from subterranean trunks; dioecious
- Best with some shade, soil pH adaptable, tolerates heat, drought, and salinity exposure; good coastal landscape plant
- Shade or tropical accent, small scale groundcover, foundation plantings, mixed borders, rock gardens, & interiorscapes

Questions / Comments?

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